

**DEPARTMENT OF CAMPUS RECREATION: INFORMAL SPORTS & NON-CREDIT INSTRUCTION  
WAIVER OF RIGHTS, INFORMED CONSENT, ASSUMPTION OF RISKS**

Weightlifting, Cardio-Vascular Exercise, Aerobic Dance, Equipment Check-Out & Rental, Fitness Classes and  
Recreational Activities

**The Privilege of utilizing the recreation center is contingent upon members working out in a safe and healthy manner. Due to a student's physical condition, certain restrictions or requirements may be required to ensure they are able to utilize the facility in such a way.**

I, the undersigned, am participating in the Loyola Marymount University Informal Sports and Non-Credit Instruction program. I acknowledge that Loyola Marymount University is providing me with an optional recreational opportunity. I understand that it is a privilege, not a right, to participate in such activities. Furthermore, I acknowledge that this assumption of risks/waiver of rights is applicable to all minor (under the age of 18) dependents or guest, which accompanies me during participation. I agree that I will comply with all regulations of the Burns Recreation Center, including those regarding the use of alcohol and illegal drugs. I will not engage in any activity that will interfere with my decision-making ability, impair my judgment, or in any way render me a safety hazard to others or myself. Furthermore, I understand that this activity is not associated with any LMU academic class and that participation is elective.

I acknowledge and fully understand that I will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses including damage to or loss of personal property which might result not only from my own and others' actions, inactions or negligence, or the condition of the premises or of any equipment used. I understand that risks associated with recreational exercise include but are not limited to the danger of injuries to the knee, ankle, possibility of strained muscles, collisions with other participants, lacerations, sprains, and/or fractures of the fingers, wrists, arms, and legs, and the physical and/or mental trauma of recreational participation, and there may be risks not known to me or not reasonably foreseeable at this time. I further agree to inspect all recreational sporting equipment prior to use to ensure that it is in proper working condition. This includes but is not limited to: cardio-vascular equipment, weight machines, free weights, camping equipment, indoor and outdoor sports equipment. In addition, I agree to participate on/ with the recreational sport equipment and machines as they are intended to be used.

In consideration of my request and permission to participate in the Informal Sports & Non-Credit Instruction program, I hereby assume full responsibility of all risk of injury, damages or loss, which may result from my participation in this activity. I further agree to hold Loyola Marymount, its agents, volunteers and employees harmless from any claims of liabilities arising from or relating to such injury or loss. I acknowledge by signing this form that I am currently adequately covered by appropriate health and accident insurance, have had a medical examination and acknowledge that I would not normally be adversely affected by participating in the aforementioned activity. I hereby certify that I do not suffer from any physical infirmity or chronic illness, which would affect my ability to safely engage in Informal Sports programs. I, the undersigned, have read and understand this agreement and realize it relates to surrendering and releasing valuable legal rights and does so freely and voluntarily.

Loyola Marymount University Campus Recreation Waiver				
I, the undersigned carefully read the informed consent. I fully understand its content, I recognize that I have given up substantial rights by signing it and I sign it voluntarily. I further agree that no oral representation, statements or inducements, apart from the foregoing written agreement have been made. I, also acknowledge that I am a guest at Loyola Marymount University and that is a privilege not a right to participate in the activity. I furthermore agree to abide by all University and facility rules and regulations.				
<b>Date</b>	<b>Print Name</b>		<b>Signature</b>	
<b>University ID</b>			<b>Parent Signature (Under 18)</b>	
<b>Phone Number</b>		<b>Date Of Birth</b>		<b>Email</b>
<b>Circle One:</b>	<b>Freshman</b>	<b>Sophomore</b>	<b>Junior</b>	<b>Senior</b>