Faith Opportunities

Faith has many faces. It looks like a hungry child digging into a good meal. It looks like a homeless family moving into a brand-new house built just for them. It holds its head as high as a developmentally disabled worker earning competitive wages at a worthy job. Through LMU's many faith-based initiatives, programs and opportunities, your student can find faces of faith all around, while growing personally and spiritually. These opportunities to develop as a whole person are a part of our heritage, and a big reason why LMU is so unique.

The Power of Three
Loyola Marymount's unique identity comes from the traditions of our three sponsoring religious orders: the Society of Jesus (Jesuits), the Religious of the Sacred Heart of Mary (Marymount Sisters) and the Sisters of St. Joseph of Orange. These orders share a common dedication to academic excellence, spiritual growth and social justice as hallmarks of a contemporary Catholic university. We want our students to develop intelligent hearts and compassionate minds and we offer a plethora of opportunities to begin that process.

Prayer and Worship
LMU’s Campus Ministry attends to the pastoral needs of the university, from liturgies and music to preparation for the sacraments and service-based outreach. Our Christian Life Community (CLC) brings together diverse people for prayer, reflection and discussions of life and faith. CLC members meet in small groups each week and come together for social events, common prayer and more every month.

Campus Ministry also provides direct service opportunities through the De Colores and Feed The Hungry programs. De Colores organizes several weekend immersion trips throughout the academic year where students partner with residents of Tijuana, Mexico on building projects and other community work. Every Tuesday students, faculty and staff gather to do direct service for our location community and Feed the Hungry by packing lunches and delivering them to homeless in the community.

Service and Action
Through the Center for Service and Action (CSA), students can join a number of groups and volunteer their time serving those who are disadvantaged or opposed, both locally and abroad. Becoming involved in one of CSA’s many service opportunities is a great way for new students to explore social justice issues in their community.

Alternative Break Program
LMU's Alternative Break Program lets students dive into different cultures during winter, spring and summer breaks. In locations as diverse as Chicago, Haiti, Puerto Rico and Morocco, students can explore wide-ranging issues through hands-on, community-based learning.

**Mass and Services**
Catholic mass is celebrated nearly every day, with three masses on Sunday and many special masses and celebration of feasts throughout the year. [Click here](#) for the fall worship schedule. Our six Catholic chapels have been called some of the most beautiful and architecturally important in the Los Angeles area. And although Loyola Marymount is a Catholic university, we welcome members from all faith traditions to our community. We offer ecumenical and interreligious services in partnership with the LMU Jewish and Muslim communities and various multi-faith denominations.

**Retreats**
Retreats are a wonderful way for a student to become more in touch with God and oneself. We realize that students have individual styles of spirituality, so we offer many different types of retreats. From our First Year Retreat for new freshmen and transfer students to our Silent Retreat, there is truly something for everyone. Retreats are held in relaxing settings away from LMU as well as on campus and give students a chance to focus on living and deepening their faith.

Be on the lookout for our next article, *What to Do When Your Student Says...* where we share tips for overcoming some difficulties that your student may encounter.

Until next time!

Lisha Maddox
Associate Director of Student Success

If you have any questions or concerns, please email us at [lmuparentprograms@lmu.edu](mailto:lmuparentprograms@lmu.edu).
Visit our [Parent Pride website](#) for additional articles and resources!